



## ***CONNECTICUT STATE REFEREE PROGRAM***

### ***Referee Certification and Recertification Requirements***

*(Effective July 1, 2018)*



Where provided, U.S. Soccer expects the Connecticut State Referee Program (CSRП) to establish requirements that best support the needs of the local competitions and the Referees servicing them. This means that State Referee Associations are expected to work collaboratively with State Association(s) leaders and local competition authorities.

Specific to requirements associated with Referee Grade, includes:

- Minimum age
- Previous game and grade experience
- Additional assessment requirements for State Referees

CSRП is also empowered by U.S. Soccer to establish fitness, assessment and training standards outside the parameters of grade. Although independent of grade, these standards should be advanced when compared to the existing grade requirements. These advanced standards should be specific to the needs of local competitions or specific to participation in state level development programs.

If fitness standards are required for specific state level competitions, they should be conducted in accordance with the US Soccer Sprint and Interval Tests. U.S. Soccer recommends that CSRП use the established standards but the required time intervals can be adjusted if needed.

If assessment standards are required, they should be conducted in accordance with the current guidelines specific to formal assessments. CSRП is also able and encouraged to utilize the following:

- Development and Guidance Evaluations
- Scouting and Identification
- Mentoring

Training standards can include, but are not limited to attending:

- In-Class Clinics
- On-Line Courses
- Workshops
- Tournaments or other competitions

For national competitions looking to establish requirements specific to assignment, U.S. Soccer can assist in the formation and communication of these standards.

Additional standards can be instituted by CSRП outside the scope of grade requirements and are intended to promote the development of Referees and support the needs of local, regional and national competitions.

**Connecticut State Referee Program**  
**Grade 8 Certification and Recertification Requirements as of July 1, 2018**

**Grade 8 — Referee**

The purpose of the Grade 8 Referee Course is to prepare officials for the competitive youth game. Based on the level of training provided, U.S. Soccer recommends that these officials be assigned accordingly to best service the game.

| <b>Certification Requirements</b>          |  |
|--|--|
| Age  | <b>must be 13 years old by December 31, 2018</b>   |
| Previous Game Experience                   | None   |
| Previous Grade Experience                  | None   |
| Education/On Line Training                 | Complete the Grade 8 Referee Modules/Course requirements**   |
| Laws of the Game Test                      | Pass the Grade 8 Referee Test*   |
| “In Class” Training – one 5 hours session  | Field Session (2 hours)<br>“In Class” review of Laws 5, 6, 11 and 12 ** (3 hours)  |
| Fitness Test                               | Not Applicable   |
| Practical Evaluation                       | Not Applicable   |
| <b>Annual Recertification Requirements</b> |  |
| In Service Requirement                     | 2 hour In-Class Clinic or Grade 8 “ <u>On-Line Refresher</u> ” Course  |
| Education/Training                         | Complete the online Grade 8 Referee Recertification Course***<br>Complete the Law Changes Memorandum Module<br>Complete the yearly teaching module<br>Complete the Ethics Module |
| Laws of the Game Test                      | Pass the online Grade 8 Referee Recertification Test**   |
| Fitness Test                               | Not Applicable   |
| Practical Evaluation                       | Not Applicable   |

**Notes**

- \*US Soccer certification year begins on July 1 of the previous calendar year. (ex: Certification year 2001 began July 1 2000).
- \*\*All Entry Level training requirements will be completed online and/or in a classroom setting. The training includes the completion of all online and in-class training materials for the Grade 8 Referee Course and passing the Entry Level test with a score of 80%
- \*\*\* Grade 8 Recertification includes the completion of all in-class and online training requirements and a passing test score of 80% on a Grade 8 Recertification Test in a maximum of two attempts.

**Connecticut State Referee Program**  
**Grade 7 Certification and Recertification Requirements as of July 1, 2018**

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**Grade 7 — Referee**

The purpose of the Grade 7 Referee Course is to prepare officials for the amateur adult game. Based on the level of training provided, U.S. Soccer recommends that these officials be assigned accordingly to best service the game.

| <b>Certification Requirements</b>          |   |
|--|---|
| Age  | 17  |
| Previous Game Experience                   | 25 games as Referee or permission of SRA                  |
| Previous Grade Experience                  | Grade 8 Referee   |
| Education/Training                         | Complete the Grade 7 Referee Course*                      |
| Laws of the Game Test                      | Pass the Grade 7 Referee Course Test*                     |
| Fitness Test                               | Not Applicable  |
| Practical Evaluation                       | Not Applicable  |
| <b>Annual Recertification Requirements</b> |   |
| Minimum Number Games                       | 4 Adult Games   |
| Education/Training                         | Complete the US Soccer Grade 7 On-Line Training Course ** |
|  | Complete the Law Changes Memorandum Module                |
|  | Complete the Yearly Teaching Module                       |
|  | Complete the Ethics Module                                |
| Laws of the Game Test                      | Pass the Grade 7 Recertification Test **                  |
| Fitness Test                               | Not Applicable  |
| Practical Evaluation                       | Not Applicable  |

**Notes**

- \*All Grade 7 Upgrade/training requirements will be completed online and/or in a classroom setting. The Referee must attend a Grade 7 Upgrade/Certification course. Passing grade for the Grade 7 Upgrade test is 80%
- \*\*Grade 7 Recertification includes the completion of all in-class and online training requirements and a passing test score of 80% on a Grade 7 Recertification Test

**Connecticut State Referee Program  
Grade 6 Certification and Recertification Requirements as of July 1, 2018**

**Grade 6 — State Referee**

The purpose of the Grade 6 State Referee Course is to prepare officials for the most competitive matches within their state and region. Based on the level of training provided, U.S. Soccer recommends that these officials be assigned accordingly to best service the game.

| <b>Certification Requirements</b>          |  |
|--|--|
| Age  | 18   |
| Previous Game Experience                   | 50 Referee and 25 AR   |
| Previous Grade Experience                  | One Year as a Grade 7 Referee  |
| Education/Training                         | Complete the Grade 6 State Referee Course*   |
| Laws of the Game Test                      | Pass the Grade 6 State Referee Test*   |
| Fitness Test                               | Pass the State Referee Standards Sprint and Interval Tests   |
| Practical Evaluation                       | Two (2) Passing Assessments as a Referee from the following three league categories completed by two different State Assessors during a calendar year: |
|  | 1) Division 1  |
|  | 2) Division 2  |
|  | 3) U18 or older youth match  |
|  | And (1) Passing Assessment as an AR on a match of 45 minute halves   |
|  | All matches subject to approval by the SDA.  |
| <b>Annual Recertification Requirements</b> |  |
| Minimum Number Games                       | 4 Adult Games  |
| Education/Training                         | Complete the CSRP Grade 6 On-Line Training Course and all other online requirements  |
| Laws of the Game Test                      | Pass the Grade 6 State Referee Test  |
| Fitness Test                               | Pass the Grade 6 Sprint and Interval Test  |
| Practical Evaluation                       | (1) Passing Assessment on a match with 45 minute halves**  |

Notes:

- \*All State Referee Upgrade/training requirements will be completed online and/or in the classroom setting. The Referee must attend a Grade 6 Upgrade/Certification course. Passing grade for the Grade 6 Upgrade test is 80%.
- \*\*State Referee Recertification includes the completion of all in-class and online training requirements and a passing test score of 80% on a State Referee Recertification Test in a maximum of two attempts.

**Connecticut State Referee Program Sprint and Interval Tests July 1, 2018 - as from U.S. Soccer Federation Referee Program Certification Requirements Grade 6**

## Fitness Test Administration and Standards

### Hosting Requirements:

- EMS and/or a medical trainer must be available on site
- Available from 7:00 a.m.-7:00 p.m. to allow for weather delays
- Should have a minimum of 6 lanes (400 meters or 200 meters if it is an indoor facility)
- Surface should be rubber type coating to help prevent injuries
- Sound system at the track with the ability to play a DVD or audio file on a computer
- Restrooms and drinking water must be available to the participants
- Timers, monitors, scribes must be recruited from local volunteers
- Equipment needed includes colored pennies with numbers on both sides (or pins with numbers), cones, flags, whistles, clipboards and timing watches

### State Fitness Test:

The state fitness test for consists of two tests. Test 1, Repeated Sprint Ability (RSA), measures the Referee's ability to perform repeated sprints over 40m. Test 2, Interval Test, evaluates the Referee's capacity to perform a series of high-speed runs over 150m interspersed with 50m walking intervals. Referees must pass the State Fitness Test at least once a year. The time between the end of Test 1 and the start of Test 2 is 6 to 8 minutes maximum.

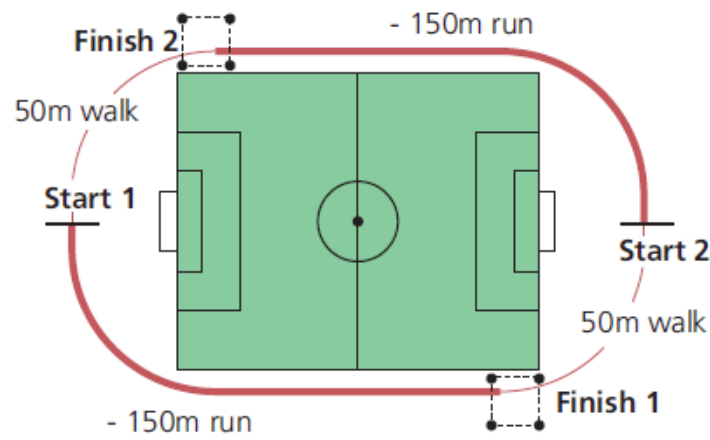
### Test 1: Repeated Sprint Ability

- Referees run six consecutive 40 meter sprints followed by a recovery period after each sprint (while walking back to the start line)
- The 'start' gate is placed at 0m and the 'finish' gate at 40m. The 'start line' is marked out 1.5m before the 'start' gate. • Referees line up at the start with their front foot touching the 'start line'. Once the test leader signals that ready, the referee is free to start.
- Referees receive a maximum of 60 seconds recovery between each of the 6 x 40m sprints. During recovery, Referees must walk back to the start.
- If a Referee falls or trips, they should be given an additional trial (one trial = 1 x 40 m).
- If a Referee fails one trial out of the six, they should be given a seventh trial immediately after the sixth trial. If they fail two trials out of seven, the match official has failed the test.



### Test 2: Interval Test

- Referees must complete 20 x 150m run / 50m walk intervals. This equates to 10 laps of a 400m athletics track. A lap consists of two 150 meter runs with two 50 meter recovery walks
- The pace is dictated by the audio file and reference times are set in accordance with the Referee's category.
- Referees must start from a standing position. They must not start before the whistle. On the whistle, Referees are allowed to start running.
- At the end of each run, each referee must enter the 'walking area' before the whistle. The walking area is marked out with a line 1.5m before and 1.5m behind the 150m line.
- If a Referee fails to place a foot inside the walking area on time, they should receive a clear warning from the test leader. If a Referee fails to place a foot inside the walking area on time for a second occasion, they should be stopped by the test leader and informed that they have failed the test.



### Standards for Grade 6 Certification

| <u>Test Type</u> | <u>Sprint Standard</u> | <u>Interval Standard (run)</u> | <u>Interval Standard (walk)</u> |
|------------------|------------------------|--------------------------------|---------------------------------|
| Referee          | 9.00 secs              | 45 seconds per 150m            | 45 seconds per 50m              |